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## Demystifying the Assessment Intervention Session (AIS): Basic AIS Skills to Help Build Client Insight

**FEBRUARY 24, 2023 | 9 AM - 11 AM CST**

This training will occur virtually through Zoom

Presented by: Raja M. David, PsyD, ABPP, LP | MNCCTA

This two-hour workshop is designed for clinicians who are looking to improve their understanding and skill set as related to conducting the Assessment Intervention Session (AIS) with adult clients taking part in a TA. After a brief review of the TA model and AIS step, the focus will shift to a discussion of common factors that clinicians new to TA report when considering the AIS, and how to overcome potential implementation barriers. Next, guidance will be provided about building the client case conceptualization from the beginning of the TA, to best identify the target of the AIS. Some of the most common strategies for using tests to evoke the problem behavior will be explained, along with ideas about how scaffold the client to new learnings and support their emotional response. Case examples will be included to illustrate the ideas presented. Participants will leave this presentation with identified strategies they can begin using with their current clients.

### Tentative Schedule:

10 min: Introductions and workshop overview

15 min: The adult TA Model and the AIS step

15 min: Common challenges of implementing the AIS and ways to overcome barriers

15 min: Building the case conceptualization to identify the AIS target

25 min: Common AIS strategies

20 min: Scaffolding the client to new insights and supporting their emotional response

10 min: Solidifying workshop participants' new learnings so they can implement AIS strategies with current clients

10 min: Questions and discussion

### Objectives:

By the end of this training, participants will be able to:

- Explain the purpose of the Assessment Intervention Session (AIS).
- Describe how the case conceptualization process unfolds and informs the AIS planning.
- Identify 2-3 types of strategies to use with adult clients during an AIS.
- Recognize how to scaffold the client and work with their emotional response.

### Pricing:

\$50 - Professional Members of the

Therapeutic Assessment Institute (TAI)

\$75 - Professional Non-Members of the TAI

\$25 - Student Members of the TAI

\$40 - Student Non-Members of the TAI

**[Click Here to Register!](#)**

**You can register any time prior to February 23, 2023.**

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Raja M. David is the founder and owner of the Minnesota Center for Collaborative/Therapeutic Assessment, which was established in 2019, and he has conducted Therapeutic Assessments (TA) at his private practice since 2011. He received his Doctorate in Psychology (PsyD) at the Minnesota School of Professional Psychology in 2002, and is board certified in Child and Adolescent Clinical Psychology (ABPP). He participated in intensive trainings on TA with the model's creator Dr. Stephen Finn in Austin, Texas. In 2015, he earned certification in the adult model of TA by the Therapeutic Assessment Institute (TAI), and in 2022 was invited to join the TAI Board of Directors and take over editorship of the TAI professional newsletter, The TA Connection.

Raja is the former Program Dean of the Minnesota School of Professional Psychology, and as an assistant professor taught doctoral courses, including a 45-hour elective on TA. In 2019, he recorded two podcasts on TA for the Testing Psychologist Podcast ([www.thetestingpsychologist.com](http://www.thetestingpsychologist.com)). In 2020, he authored a chapter on conducting the initial TA session for the Oxford Handbook of Personality and Psychopathology Assessment, 2nd Ed. (2021; J. Mihura Editor), and in 2021 published an article entitled Virtual Delivery of Therapeutic Assessment: An Empirical Case Study, Journal of Personality Assessment. He is a co-author of the "TA manual," Therapeutic Assessment with Adults: Using Psychological Testing to Help Clients Change (Routledge, 2022). Raja has also presented at professional conferences on TA and was a plenary speaker at the 2015 & 2021 Collaborative/Therapeutic Assessment Conference. In the fall of 2022, he was invited to teach his TA course as an adjunct professor for Augsburg University's Clinical Psychology (PsyD) Doctoral Program. Raja has trained hundreds of clinicians on TA, and routinely provides consultation to clinicians and mental health centers looking to implement the model.

### **Continuing Education**

This program includes 2 CE. The University of Denver Graduate School of Professional Psychology (GSPP) is approved by the American Psychological Association to sponsor continuing education for psychologists. GSPP maintains responsibility for this program and its content. CE credits are included in the price of the webinar.

### **Non-Discrimination Statement**

The TAI does not discriminate on the bases of race, color, national origin, religion, sex, disability, military status, sexual orientation, gender identity or age. The TAI is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact [Raja](#) so that all reasonable efforts to accommodate these needs can be made.

### **Conflict of Interest**

In compliance with continuing education requirements, the presenter must disclose any financial or other associations with companies to which they have a direct and/or financial relationship related to the topic/content of this presentation. There is no commercial support for the program, instructor, content of instruction, or endorsement of products.

### **Special Accommodations**

GSPP is compliant with the American with Disabilities Act. For any special accommodation needs, please contact [drpamelaschaber@gmail.com](mailto:drpamelaschaber@gmail.com).

### **Cancellation Policy**

Cancellations before February 28th will lead to a full refund. Cancellations after the date will receive a 50% refund. If the event is cancelled for any reason, we will refund your fee in full. We reserve the right to deny participation to any applicant or to cancel the workshop for any reason.

### **Grievance Procedures**

Your satisfaction is our goal. Concerns should be addressed to: [drpamelaschaber@gmail.com](mailto:drpamelaschaber@gmail.com).

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